

Name of service/organisation:

Young Minds

Description: Young Minds provides a telephone helpline service to parents and carers in the UK who have a concern about their child's emotional problems or behaviour. If you're a worried parent, call us at the Young Minds Parents Helpline below or send us an email. Our opening hours are 9.30am-4pm Monday to Friday. Calls from landlines and most mobiles (3, O2, Orange, T-mobile, Virgin and Vodafone) are free.

Young Minds also offers young people the contact details of other organisations to find the right kind of help.

Intended client group: Mainly parents and carers who are worried about their child's emotional problems or behaviour.

Phone number: 0808 802 5544

Email address: parents@youngminds.org.uk

Website: www.youngminds.org.uk

